



HEALTH Newsletter Semester 1 2024



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Year Level	Content	Assessment
Prep Health	I can do it Students will explore information about what makes them unique, identifying their strengths and achievements. They will identify safe settings where they can move and play safely and identify actions that keep them safe in different settings. They will also identify different emotions people experience in different situations.	Not assessed
Year 1 Health	Friendship, inclusion and belonging Students will identify the qualities of good friendship. They will practise respectful communication using appropriate language, encouraging and including others. They will also identify how it feels to be included and excluded.	Students will identify positive ways to interact with others and describe the different emotions people experience.
Year 2 & 1/2 Health	Online Safety Students will learn how to become safe and responsible digital citizens by only sharing personal information with people they trust and keeping their computers safe. They will also learn about the importance of seeking guidance from a trusted adult when they feel unsafe or uneasy online or if they experience cyberbullying.	Students will select and apply strategies to keep themselves safe online and ask for help with tasks or problems.
Year 3/4 Health	Netiquette and online protocols Students interpret health messages related to cyber safety and discuss the influences on safe online choices. Students describe the connections and benefits students have within an online community and identify resources available to support their online safety.	Students will interpret health messages related to cyber safety and discuss the influences on safe online choices. They describe the connections and benefits students have within an online community and identify resources available to support their online safety.
Year 5 Health	Online Safety Students understand how to recognise unsafe situations in online contexts. They identify preventative strategies and help-seeking strategies for safety in online contexts. They also practise responding to unsafe situations online.	Year 5: Students will design a visual product to demonstrate health information to enhance their own and others' online safety, and wellbeing.

<p>Year 6 Health</p>	<p>Online Safety</p> <p>Students understand how to recognise unsafe situations in online contexts. They identify preventative strategies and help-seeking strategies for safety in online contexts. They also practise responding to unsafe situations online.</p>	<p>Year 6: Students will complete a research project demonstrating knowledge on how to access and interpret health information and apply decision making and problem-solving skills to enhance their own and others health, safety, and wellbeing when online. Students will also describe their own and others contributions to their safety and wellbeing online.</p>
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