



PE Newsletter Term 2 2025



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Year Level	Content	Assessment
Prep Physical Activity	<u>Unit: Animal Groove</u> Students will perform fundamental movement skills to music.	Students will perform skills such as log rolling, galloping, balancing and side stepping to music in a movement routine.
Year 1-2 Physical Activity	<u>Unit: They Keep Me Rolling</u> Students will demonstrate fundamental movement skills while using scooter boards. They will manoeuvre a scooter board along different pathways and through a range of obstacles. Students will be provided with numerous opportunities to perform these skills in closed-skill environments, movement challenges and games. They will also work collaboratively with partners to solve team-based scooter board challenges.	Students will be assessed on how well they manoeuvre a scooter board in different movement situations and test alternatives to solve scooter board challenges. They will demonstrate positive ways to interact with others in cooperative scooter board challenges.
Year 3-6 Physical Activity	<u>Unit: Athletics</u> Students will participate in a unit on Athletics. They will develop skills in throwing a shot put and discus with correct technique. Students will develop long and high jump ability by performing various drills to improve run up, take-off and landing. They will learn basic field event rules and procedures, in preparation for sports day trials and competition. Students will participate in drills to develop sprinting technique leading up to performance of the 100 and 200m sprint during trials and sports day competition. They will also participate in the 800m.	<u>Year 3-4</u> Students refine the fundamental movement skills of running, jumping and throwing and apply movement concepts and technique sequences in the athletics events: sprinting, high jump and shot put <u>Year 5-6</u> Students refine and further develop the fundamental movement skills of running, jumping and throwing and apply more complex movement patterns and technique sequences in the athletics events: sprinting, high jump and shot put

Important Dates - Term 2 Sporting Events

- **District Cross Country** - Wednesday 30 April
- **Gala Day 1** – Friday 2 May
- **Gala Day 2** – Friday 16 May
- **Gala Day 3** - Friday 23 May
- **Senior Athletics Carnival** – Friday 20 June and Monday 23 June